

### Haleraid device for your inhaler (Puffer):

If you have arthritis in your hand, or have difficulty holding the inhaler, a device like the Haleraid might be useful.

The haleraid fits onto some spray-type inhalers. It allows you to release medicines by applying pressure with the palm of your hand. This can be easier than pressing the canister down.

### How to fit the device to your inhaler:

1. Take the cap of your inhaler.
2. Clip the haleraid around the mouth piece of your inhaler.
3. You can use the device with your small spacers still.
4. Or you can use it direct into your mouth.(Remember you get more medication into your system if you use it spacer)

Haleraid is not available on prescription, but your pharmacist can order it direct from the manufacturers, Allen & Hanburys.

### Haleraid Sizes.

1. A 120 haleraid will fit your small inhalers like Seretide.
2. A 200 haleraid will fit your larger inhalers like Ventolin, Asmol, and Salbutamol

