

Seretide Inhaler Priming Device

New inhalers need to be primed before use. There is a small window in the back of your inhaler you need to release 4 puffs into the air until it says 120 dosages, it is now ready to be used.

1. Remove cap off the inhaler device and shake your inhaler.
2. Hold the inhaler upright between your fingers with your thumb on the base. Breathe out as far as it is comfortable.
3. Put the mouthpiece between your teeth & lips (do not bite on it). Start breathing in: & then press the top of the inhaler down whilst breathing in steadily & deeply.
4. Continue holding your breath for as long as comfortable.
5. For second puff repeat steps 2 to 4.
6. Rinse your mouth out after every use.

You are always better using a spacer with your inhaler as you actually inhale 40% more medication into your lungs this way. It also reduces oral thrush.

The window tells you how many dosages are left



Seretide: is a combined therapy of a corticoidsteroid: Fluticasone propionate (which reduces the inflammation inside the airways lasting 12 hours & a long acting beta 2 aganist: Salmeterol xinafoate which is a long acting bronchialdilator which relaxes the muscles lining in your airways, helping to open them up for 12 hours)