

## Contact us

For further information or to arrange an appointment, please contact the Parent Education and Support Service on (07) 3840 8847. We can also arrange for one of our Lactation Consultants to call you to discuss your needs.

## Purchasing breastfeeding pumps and equipment

The Mater Mothers' Breastfeeding Support Centre stocks a range of high quality breastfeeding pumps and equipment for purchase below the recommended retail price. Profit generated from these sales goes directly to the centre and the care of our women and babies.

Our lactation staff are happy to discuss the benefits of different equipment options with you, taking into account your individual needs.

A brochure is available outlining the various products and prices. All products are available to view and purchase at the centre between 8.30am and 4pm, Monday to Friday.



## Support after hours

The Australian Breastfeeding Association (ABA) offers a 24 hour breastfeeding counselling service.

ABA breastfeeding counsellors are all trained volunteers. All have breastfed for at least nine months and undertaken the ABA breastfeeding counsellor training course. They provide counselling and breastfeeding information to anyone seeking help.

ABA counsellors can be contacted on:

- Telephone: (07) 3844 8977 or (07) 3844 8166
- Email: via [www.breastfeeding.asn.au](http://www.breastfeeding.asn.au)

Please note: Counsellors are not medically trained, therefore cannot give medical advice only breastfeeding management support information.

If you are concerned about your health, or that of your baby, please phone:

- 1800 177 279 Child Health Line
- 13 HEALTH (13 43 25 84) where qualified staff will provide advice and further support
- 000 for an emergency

This information reflects Mater's commitment to providing high quality care to all women and their families, in a safe, supportive environment.

Pricing is current at the time of printing this brochure and is subject to change.



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MATER MOTHERS'  
*Breastfeeding*  
SUPPORT CENTRE





## The Mater Mothers' Breastfeeding Support Centre

The evidence available indicates breastfeeding has a range of health benefits for infants, children and mothers.

When learning to breastfeed, like any new skill, sometimes you and your baby may need some help and support along the way. The Mater Mothers' Breastfeeding Support Centre is here to help you during this time.

The centre is a specialist service available to you during your stay at Mater, as well as a 'drop-in' centre after you return home. The service is run by Lactation Consultants who are experienced in caring for newborn, premature and special needs babies.



## Support in hospital

Our experienced midwives on the ward are able to provide you breastfeeding support and information.

Breastfeeding information sessions are held Mondays, Wednesdays and Fridays at 10.30am in the education room on the 6th Floor.

If you or your baby have special requirements your midwife or doctor will refer you to the Mater Mothers' Breastfeeding Support Centre for a specialist consultation. The Lactation Consultant will then invite you to visit the centre when your baby is ready to feed.

If your baby is in the Special Care Nursery or Neonatal Intensive Care Unit the Lactation Consultant will see you in the nursery. We also recommend you attend the information session held every weekday at 9am in the New Life Centre conference room, located on level 4 of the hospital.

There is no charge for this inpatient service.

## Support at home

The Mater Mothers' Breastfeeding Support Centre is a fee-for-service drop-in centre available to anyone who requires breastfeeding support.

The centre, located on level 5 of the Mater Mothers' Hospital, comprises:

- Two large feeding support rooms where the consultations take place
- A large waiting area, with baby change facilities, scales, magazines and bottled water
- A private area for discussing sensitive issues



## Opening hours

The centre is open from 8.30am to 2.30pm, Monday to Friday (excluding public holidays).

There is no need to book in advance. However, to ensure we can provide the support required by all women and babies we would appreciate it if you telephone the centre and advise us when you would like to attend.

In the interest and safety of all women and their babies at the centre, please do not bring other children when you visit.

## Staffing

The Mater Mothers' Breastfeeding Support Centre is staffed by the same Lactation Consultants who provide the inpatient service, allowing for continuity of care.

## Cost

A day session costs \$80 which includes a free parking voucher to use in any of the Mater car parks. You are welcome to stay for the day and have assistance with each feed during opening hours.

## Refreshments

A light morning tea and bottled water is provided. For other refreshments we recommend you visit the Mater Cafés on site.